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An Advertorial, Health Promotional Feature



Rank Name

Indian healthcare industry has witnessed tremendous growth in the last decade or so. Indian doctors have always been valued. However in the recent past, many world class hospitals were set up by many top corporates with best infrastructure to offer world class medical care in India. This has given major boost to medical tourism as many people from other countries found that they could get top class health care in India. Against this back drop, many options have come up for patients. However, they CARDIO SCIENCES NATIONAL MULTI SPECIALITY RANKING

OBGYN NATIONAL MULTI SPECIALITY RANKING

find it difficult to decide which hospital to choose for which ailment. It is in this context, OMS, a division of Times Group, took the initiative to start a system of ranking top hospitals in India in various specialities and thereby help people make informed choices. The rankings also serve as great motivation for various brands to further enhance their facilities and care, which leads to even better healthcare services in India.

PAEDIATRICS NATIONAL MULTI SPECIALITY RANKING

ONC	COLOGY NATIONAL MULTI SPECIALITY RANKING
	Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Medanta the Medicity, Sector 38, Gurgaon
3	Indraprastha Apollo Hospitals, Sarita Vihar, Delhi
4	Sir H. N. Reliance Foundation Hospital and Research Centre,
	Girgaon, Mumbai
5	Apollo Gleneagles Hospital, Kadapara, Kolkata
6	Jaslok Hospital & Research Centre, Pedder Road, Mumbai
7	Max Super Speciality Hospital, Saket, Delhi
8	Apollo Health City, Jubille Hills, Hyderabad
9	KIMS Hospitals, Minister Road, Secunderabad, Hyderabad
10	Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai
11	Dr. L H Hiranandani Hospital, Powai, Mumbai
12	Dharamshila Narayana Superspecility Hospital, Ashok Nagar, Delh
13	Apollo Hospitals, Bannergatta Road, Bangalore
14	Sir Ganga Ram Hospital, Rajinder Nagar, Delhi
15	PD Hinduja Hospital, Khar W, Mumbai
16	VS Hospital, Chetpet, Chennai
17	BLK Super Speciality Hospital, Rajinder Nagar, Delhi
18	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
19	Narayana Superspeciality Hospital, Howrah, Kolkata
20	Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad
	TIONAL SINGLE SPECIALITY RANKINGS
Rank	Name
1	Asian Cancer Institute, Mumbai
1	HCG Hospitals, Bangalore
2	Omega Hospitals, Hyderabad
3	HCG Cancer Centre, Borivali, Mumbai
4	Adyar Cancer Institute, Chennai
5	Bhagwan Mahaveer Cancer Hospital and Research Centre, Jaipur
6	HCG Cancer Hospital, Vadodara
7	Mazumdar Shaw Cancer Center, Bangalore
8	Lucknow Cancer Institute, Lucknow
9	Cancer Healer Center, Delhi
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Rank 1 2 3 4 5 6 6 6 6 6 6 6 6 6	Name Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, Manipal Manipal Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad HONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Koramangala, Bangalore Omega Hospitals, Banjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore Y MULTI SPECIALITY RANKINGS - CHENNAI Name Apollo Hospitals, Greams Lane VS Hospital, Jawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet
Rank 1 2 3 4 5 6 6 7 8 9 10 11 12 13 14 15	Name Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, Manipal Manipal Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chenna Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad IONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Koramangala, Bangalore Omega Hospitals, Banjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore VMULTI SPECIALITY RANKINGS - CHENNAl Name Apollo Hospitals, Greams Lane VS Hospital, Lawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Dr.Kamakshmi Memorial Hospital, Pallavaram
Rank 1 2 3 4 5 6 6 6 6 6 6 6 6 6	Name Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, Manipal Manipal Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chenna Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad IONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Bonjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore Y MULTI SPECIALITY RANKINGS - CHENNAl Name Apollo Hospitals, Greams Lane VS Hospital, Loetpet SIMS Hospital, Jawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet
Rank 1 2 3 4 5 6 6 7 8 9 10 11 12 13 14 15 REC Rank 1 2 3 3 4 5 6 6 7 7 8 9 10 10 10 10 10 10 10	Name Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, Manipal Manipal Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chenna Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad IONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Koramangala, Bangalore Omega Hospitals, Banjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore V MULTI SPECIALITY RANKINGS - CHENNAl Name Apollo Hospitals, Greams Lane VS Hospital, Chetpet SIMS Hospital, Jawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Dr.Kamakshmi Memorial Hospital, Pallavaram Billroth Hospitals, Shenoy Nagar
Rank 1 2 3 4 5 6 6 6 6 6 6 6 6 6	Name Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, Manipal Manipal Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad IONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Koramangala, Bangalore Omega Hospitals, Banjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore V MULTI SPECIALITY RANKINGS - CHENNAI Name Apollo Hospitals, Greams Lane VS Hospital, Chetpet SIMS Hospital, Jawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Dr.Kamakshmi Memorial Hospital, Pallavaram Billroth Hospitals, Shenoy Nagar
Rank 1 2 3 4 5 6 6 7 8 9 10 11 12 13 14 15 REG Rank 1 2 3 3 4 5 6 6 7 7 8 9 10 CIT CIT	Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad KIMS Hospitals, Minister Road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore VS Hospital, Chetpet, Chennai SIMS Hospital, Jawaharlal Nehru Salai, Chennai Kasturba Hospital, OAR, Bangalore Fortis Hospital, Bannergatta Road, Bangalore CARE Hospitals, Banjara Hills, Hyderabad Continental Hospitals Pvt Ltd, Gachibowli, Hyderabad M S Ramaiah Memorial Hospital, New Bel Road, Bangalore COSH Multispeciality Hospital, Tambaram, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad IONAL SINGLE SPECIALITY RANKINGS - SOUTH Name HCG Hospitals, Koramangala, Bangalore Omega Hospitals, Banjara Hills, Hyderabad Adyar Cancer Institute, Gandhi Nagar, Chennai Mazumdar Shaw Cancer Center, Bommasandra Industrial Area, Bangalore V MULTI SPECIALITY RANKINGS - CHENNAI Name Apollo Hospitals, Greams Lane VS Hospital, Jawaharlal Nehru Salai COSH Multispeciality Hospital, Tambaram Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga MIOT hospitals, Manapakkam Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Dr.Kamakshmi Memorial Hospital, Pallavaram Billroth Hospitals, Shenoy Nagar

	k Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Medanta the Medicity, Sector 38, Gurgaon
3	Sir.H.N.Reliance Foundation Hospital & Research Centre, Mumbai
<u>4</u> 5	Indraprastha Apollo Hospitals, Sarita Vihar, Delhi NCR
5	Fortis heart hospital, Okhla, Delhi Apollo Hospitals, Bannergatta Road, Bangalore
7	Jaslok Hospital & Research Centre, Pedder Road, Mumbai
8	Rabindranath Tagore International Institute of cardiac science,
o	Mukundapur, Kolkata
9	Apollo Health City, Jubilee Hills, Hyderabad
9	KIMS Hospitals, Begumpet, Hyderabad
10	Max Super Speciality Hospital, Saket, Delhi NCR
11	BLK Super Speciality Hospital, Rajinder Nagar, Delhi NCR
12	CK Birla Hospital, Alipore, Kolkata
13	Apollo Gleneagles Hospital, Kadapara, Kolkata
14	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
15	Dr L H Hiranandani Hospital, Mumbai
16	Aditya Birla Memorial Hospital, Thergaon, Pune
17	Lilavati Hospital And Research Centre, Bandra, Mumbai
18	AMRI Hospital Salt Lake, Salt Lake, Kolkata
19	Narayana Institute of Cardiac Sciences, Anekal Taluk,Bangalore
NA	TIONAL SINGLE SPECIALITY RANKINGS
Ran	k Name
1	Asian Heart Institute, Mumbai
2	Apex Heart Institute, S.G. Highway, Ahmedabad
3	Zynova Heart Hospital, Ghatkoopar, Mumbai
RE	GIONAL MULTI SPECIALITY RANKINGS - SOUTH
Ran	k Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Apollo Hospitals, Bannergatta Road, Bangalore
3	Apollo Health City, Jubilee Hills, Hyderabad
3	KIMS Hospitals, Begumpet, Hyderabad
4	SIMS Hospitals, Jawaharlal Nehru Salai, Chennai
5	Narayana Institute of Cardiac Sciences, Anekal Taluk, Bangalore CARE Hospital, Banjara Hills, Hyderabad
<u>6</u> 7	Kauvery Hospital, Alwarpet, Chennai
8	Manipal Hospital, OAR, Bangalore
9	M S Ramaiah Memorial Hospital, New Bel Road, Bangalore
10	Sagar Hospitals, Tilak Nagar, Bangalore
11	Gleneagles Global Hospitals, Hyderabad
12	Madras Medical Mission, JJ Nagar, Chennai
13	Gleneagles Global Health City, Perumbakkam, Chennai
14	Fortis hospital, Bangalore
15	Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad
16 17	COSH Multispeciality Hospital, Tambaram, Chennai
18	Star Hospitals, Banjara Hills, Hyderabad Premier Hospital, Hyderabad
19	Bhagawan Mahavir Jain Heart Centre, Vasanth Nagar Bangalore
$\frac{13}{20}$	Kasturba Hospital, Manipal
	TY MULTI SPECIALITY RANKINGS - CHENNAI
	K Name
1	Apollo Hospitals, Greams Lane
2	SIMS Hospital, Jawaharlal Nehru Salai
3	Kauvery Hospital, Alwarpet
4	Madras Medical Mission, JJ Nagar
	COSH Multispeciality Hospital, Tambaram
6	Gleneagles Global Health City, Perumbakkam
7	Sooriya Hospital, Saligramam
8	MIOT hospitals, Manapakkam
9	Billroth Hospitals, Shenoy Nagar
10	Sugam Hospital
11	Vijaya hospital, Vadapalani
12	Apollo Hospitals, Karapakkam
13	Fortis Malar Hospital, Adyar
14	Apollo City Center Hospital, Sowcarpet
15	Noble Hospital, Purasawakkam
	ENNAI EMERGING HOSPITAL
Nan	
Rela	a Hospital, Chrompet a MS Hospital, Redhills
ACIC	t vio riospital, recuillo

IAL MULTI SPECIALITY RANKING	ORC	YN NATIONAL MULTI SPECIALITY RANKI
	Rank	
nne, Chennai	1	Medanta the Medicity, Sector 38, Gurugram
or 38, Gurgaon	2	Apollo Hospitals, Greams Lane, Chennai
Hospital & Research Centre, Mumbai		Max Super Speciality Hospital, Saket, Delhi Sir.H.N.Reliance Foundation Hospital & Research Centre, Mumbai
als, Sarita Vihar, Delhi NCR	5	Indraprastha Apollo Hospitals, Sarita Vihar, Delhi
Delhi	5	Indraprastha Apolio Hospitals, Sarita Vihar, Delhi Apolio Health City, Hyderabad Dr. L H Hiranandani Hospital, Powai, Mumbai
ta Road, Bangalore	8	pr. L H Hiranandani Hospitai, Powai, Mumbai Apollo Hospitals, Bannergatta Road, Bangalore
Centre, Pedder Road, Mumbai	9	Apollo Gleneagles Hospital, Kadapara, Kolkata
ational Institute of cardiac science,	10	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
,		Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai
Iills, Hyderabad		Institute of Medical Sciences and Sum Hospital, Bhubaneswar Lilavati Hospital And Research Centre, Bandra, Mumbai
Hyderabad	14	MGM Hospital, Vashi, Mumbai Saifee Hospital, Charni Road, Mumbai
tal, Saket, Delhi NCR	15	Saifee Hospital, Charni Road, Mumbai
al, Rajinder Nagar, Delhi NCR		Ruby Hall, Sassoon Road, Pune Max Super Speciality Hospital, Vaishali, Noida
olkata		Apollo Hospitals International Limited, Gandhinagar, Ahmedabad
Kadapara, Kolkata	19	Fortis hospital, Anandapur, Kolkata
ehru Salai, Chennai	20	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad
, Mumbai	NATIO	NAL SINGLE SPECIALITY RANKING
ital, Thergaon, Pune	Rank	
rch Centre, Bandra, Mumbai	1	Cloudnine Hospitals, OAR, Bangalore
It Lake, Kolkata	2	BirthRight By Rainbow Hospitals, Banjara Hills, Hyderabad
ac Sciences, Anekal Taluk,Bangalore	3	BirthRight By Rainbow Hospitals, Marathihali, Bangalore Cloudnine Hospitals, Malad W, Mumbai
CIALITY RANKINGS		BirthRight By Rainbow Hospitals, Malviya Nagar Metro Station, Dell
JALITY KANKINGS	5	Apollo Cradle & Children's Hospital, Moti Nagar, Delhi
	7	Cloudnine Hospitals, T.Nagar, Chennai BirthRight By Rainbow Hospitals, Mount Gunidy, Chennai
Dai	8	Surva Hospital, Santa Cruz, Mumbai
ghway, Ahmedabad	9	Surya Hospital, Santa Cruz, Mumbai Apollo Cradle & Children's Hospital, Koramangala, Bangalore Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad Cloudning Hospitals, Maydield Garden, Gurugnan
tkoopar, Mumbai	10	Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad
IALITY RANKINGS - SOUTH	11	Cloudnine Hospitals, Mayfield Garden, Gurugram Apollo Cradle & Children's Hospital, Gurugram
		Apollo Cradle & Children's Hospital, Indirapuram, Ghaziabad
nne, Chennai		ONAL MULTI SPECIALITY RANKINGS - SO
ta Road, Bangalore		
lills, Hyderabad	Rank	Apollo Hospitals, Greams Lane, Chennai
Hyderabad	2	Apollo Health City, Hyderabad
Nehru Salai, Chennai	3	Apollo Hospitals, Bannergatta Road, Bangalore
ac Sciences, Anekal Taluk, Bangalore	4	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
, Hyderabad	<u>5</u>	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad KIMS Hospitals, Hyderabad
Chennai	7	Kasturba Hospital, Manipal
galore		Madras Medical Mission, Chennai
pital, New Bel Road, Bangalore		Sparsh Hospital, Yeshwantpur, Bangalore
r, Bangalore	11	SRM Speciality Hospital, Ramapuram, Chennai M S Ramaiah Memorial Hospital, New Bel Road
, Hyderabad	12	Fortis hospital, Rajaji Nagar, Bangalore Columbia Asia Hospital, Hebbal, Bangalore Christian Medical College, Vellore
Nagar, Chennai	$\frac{13}{14}$	Columbia Asia Hospital, Hebbal, Bangalore
ty, Perumbakkam, Chennai	15	Christian Medical College, Vellore
ty, Ferumbarkam, Chemia		Fortis Malar Hospital, Adyar, Chennai
ospital, Somaji Guda, Hyderabad		<u>ONAL SINGLE SPECIALITY RANKINGS - S</u>
tal, Tambaram, Chennai		Name Cloudnine Hospitals, OAR, Bangalore
, Hyderabad	2	BirthRight By Rainbow Hospitals, Baniara Hills, Hyderabad
d	3	BirthRight By Rainbow Hospitals, Banjara Hills, Hyderabad BirthRight By Rainbow Hospitals, Marathihali, Bangalore Cloudnine Hospitals, T.Nagar, Chennai
art Centre, Vasanth Nagar Bangalore	4	Cloudnine Hospitals, T.Nagar, Chennai
art Centre, vasantii Nagar Bangalore	5	BirthRight By Rainbow Hospitals, Mount gunidy, Chennai Apollo Cradle & Children's Hospital, Koramangala, Bangalore
A DANIKINGS OUTINAL	7	Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad
RANKINGS - CHENNAI	8	Ankura Hospitals for Women & Children, Kukatpally, Hyderabad
	CITY	MULTI SPECIALITY RANKINGS - CHENNA
nne		Name
ehru Salai	1	Apollo Hospitals, Greams Lane
		<mark>SIMS Hospital, Jawaharlal Nehru Salai</mark> Madras Medical Mission
Nagar	4	SRM Speciality Hospital, Ramapuram
tal, Tambaram	5	Fortis Malar Hospital, Adyar
ty, Perumbakkam	6	Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar
m	8	COSH MUITISPECIALITY HOSPITAL, TAMBARAM Glonoagles Global Health City, Perumbakkam
m	9	Apollo City Center Hospital, Sowcarpet
agar	10	Madras Medicai Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai
	I CITY	SINGLE SPECIALITY RANKINGS - CHENN
	Rank	
ım	1	Cloudnine Hospitals,T.Nagar
	2	BirthRight By Rainbow Hospitals, Mount gunidy
Sowcarpet	3	Prashanth Fertility Research Centre, Chetpet
am	4	Apollo Children's Hospital, Thousand Lights
OSPITAL	5	Aakash fertility center and Hospital, Vadapalani
SOFTIAL	CHE	NNAI EMERGING HOSPITAL
	Name	MATERIAL HOSPITAL
		spital, Chrompet
		Hospital Redhills
MULTI CDECIALITY BANKING	CAC	TROUNTEROLOGY AND HERATOLOGY
MULTI SPECIALITY RANKING	GAS	TROENTEROLOGY AND HEPATOLOGY
Lana Ohamai		IONAL MULTI SPECIALITY RANKING
Lane, Chennai	Rank	Name

7	Max Super Speciality Hospital, Vaishali, Noida
3	Apollo Hospitals International Limited, Gandhinagar, Ahmedabad
)	Fortis hospital, Anandapur, Kolkata
)	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad
ATI(DNAL SINGLE SPECIALITY RANKING
ank	Name
	Cloudnine Hospitals, OAR, Bangalore
	BirthRight By Rainbow Hospitals, Banjara Hills, Hyderabad
	BirthRight By Rainbow Hospitals, Marathihali, Bangalore
	Cloudnine Hospitals, Malad W, Mumbai
	BirthRight By Rainbow Hospitals, Malviya Nagar Metro Station, Delhi
	Apollo Cradle & Children's Hospital, Moti Nagar, Delhi
	Cloudnine Hospitals, T.Nagar, Chennai
	BirthRight By Rainbow Hospitals, Mount Gunidy, Chennai Surya Hospital, Santa Cruz, Mumbai
	Anollo Cradle & Children's Hospital Koramangala Bangalore
)	Apollo Cradle & Children's Hospital, Koramangala, Bangalore Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad
	Cloudnine Hospitals, Mayfield Garden, Gurugram
2	Cloudnine Hospitals, Mayfield Garden, Gurugram Apollo Cradle & Children's Hospital, Gurugram
3	Apollo Cradle & Children's Hospital, Indirapuram, Ghaziabad
FE	ONAL MULTI SPECIALITY RANKINGS - SOUTH
ank	Name
	Apollo Hospitals, Greams Lane, Chennai
	Apollo Health City, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore
	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad
	KIMS Hospitals, Hyderabad
	Kasturba Hospital, Manipal
	Madras Medical Mission, Chennai
	Sparsh Hospital, Yeshwantpur, Bangalore SRM Speciality Hospital, Ramapuram, Chennai M S Ramaiah Memorial Hospital, New Bel Road
)	SRM Speciality Hospital, Ramapuram, Chennai
<u> </u>	M S Ramaiah Memorial Hospital, New Bel Road
	Fortis nospital, Rajaji Nagar, Bangalore
<u> </u>	Fortis hospital, Rajaji Nagar, Bangalore Columbia Asia Hospital, Hebbal, Bangalore Christian Medical College, Vellore
<u> </u>	
)	Fortis Malar Hospital, Adyar, Chennai
1=0	IONAL SINGLE SPECIALITY RANKINGS - SOUTH
ank	Name
	Cloudnine Hospitals, OAR, Bangalore
	BirthRight By Rainbow Hospitals, Banjara Hills, Hyderabad
	BirthRight By Rainbow Hospitals, Marathihali, Bangalore
	Cloudnine Hospitals, T.Nagar, Chennai
	BirthRight By Rainbow Hospitals, Mount gunidy, Chennai
	Apollo Cradle & Children's Hospital, Koramangala, Bangalore Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad
	Ankura Hospitals for Women & Children, Kukatpally, Hyderabad
HTV	/ MILLET COECIALITY DANIVINGS CHENNAL
	<u> MULTI SPECIALITY RANKINGS - CHENNAI</u>
ank	Name
	Apollo Hospitals, Greams Lane
	SIMS Hospital, Jawaharlal Nehru Salai
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram
)	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai SINGLE SPECIALITY RANKINGS - CHENNAI
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital, 1999, Luz Church Rd, Alwarpet, Chennai SINGLE SPECIALITY RANKINGS - CHENNA Name
	SIMS Hospital, Jawaharial Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai SINGLE SPECIALITY RANKINGS - CHENNAI Name Cloudnine Hospitals,T.Nagar
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai / SINGLE SPECIALITY RANKINGS - CHENNAI Name Cloudnine Hospitals,7.Nagar BirthRight By Rainbow Hospitals, Mount gunidy
ank	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowarpet Kauvery Hospital, 199, Luz Church Rd, Alwarpet, Chennai SINGLE SPECIALITY RANKINGS - CHENNAI Name Cloudnine Hospitals, T.Nagar BirthRight By Rainbow Hospitals, Mount gunidy Prashanth Fertility Research Centre, Chetpet
	SIMS Hospital, Jawaharlal Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital, 199, Luz Church Rd, Alwarpet, Chennai SINGLE SPECIALITY RANKINGS - CHENNAI Name Cloudnine Hospitals, T.Nagar BirthRight By Rainbow Hospitals, Mount gunidy Prashanth Fertility Research Centre, Chetpet Apollo Children's Hospital, Thousand Lights
	SIMS Hospital, Jawaharial Nehru Salai Madras Medical Mission SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar COSH Multispeciality Hospital, Tambaram Gleneagles Global Health City, Perumbakkam Apollo City Center Hospital, Sowcarpet Kauvery Hospital,199, Luz Church Rd, Alwarpet, Chennai / SINGLE SPECIALITY RANKINGS - CHENNAI Name Cloudnine Hospitals,T.Nagar BirthRight By Rainbow Hospitals, Mount gunidy

Rank 1	IATRICS NATIONAL MULTI SPECIALITY RANKII
1	Name
2	Apollo Hospitals, Greams Lane, Chennai Apollo Health City, Jubille Hills, Hyderabad
2 3 4	Sir.H.N.Reliance Foundation Hospital & Research Centre, Girgaon, Mumbai
4	Max Super Speciality Hospital, Saket, Delhi
5	Medanta the Medicity, Sector 38, Gurugram
5 6 7	Max Super Speciality Hospital, Saket, Delhi Medanta the Medicity, Sector 38, Gurugram Indraprastha Apollo Hospitals, Sarita Vihar, Delhi Jaslok Hospital & Research Centre, Pedder Road, Mumbai
8	Jasiok riospitat a kesearir Celtre, Peduer Rodu, Multibal Dr. I. H Hiranandani Hospital, Powal, Mulmbai KIMS Hospitals, Miniter road, Secunderabad, Hyderabad Apollo Gleneagles Hospital, Kadapara, Kolkata BLK Super Speciality Hospital, Rajinder Nagar, Delhi JAGANNATH HOSPITAL, Saheed Nagar, Bhubaneswar Fortis hospital, Apandayar, Kolkata
9	KIMS Hospitals, Miniter road, Secunderabad, Hyderabad
10	Apollo Gleneagles Hospital, Kadapara, Kolkata
11 12	IAGANNATH HOSPITAL Saheed Nagar Rhuhaneswar
13	JAGANNATH HOSPITAL, Saheed Nagar, Bhubaneswar Fortis hospital, Anandapur, Kolkata Apollo Hospitals, Bannergatta Road, Bangalore Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai Manipal Hospital, OAR, Bangalore Woodlands Multispeciality Hospital Limited, Alipore, Kolkata Batra Hospitals, Tughlakabad, Delhi Fortis Hospital, Okhla, Delhi Pranaam Hospital Hospitals Pvt Ltd. Hyderabad
14	Apollo Hospitals, Bannergatta Road, Bangalore
15	Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai
16 17	Manipai Hospitai, OAK, Bangaiore Woodlands Multispeciality Hospital Limited, Alipera, Kolkata
18	Batra Hospitals, Tughlakabad, Delhi
19	Fortis Hospital, Okhla, Delhi
20	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad
NAT	ONAL SINGLE SPECIALITY RANKING
	Name
	Rainbow Children's Hospital, Banjara Hills, Hyderabad
2 3 4	Cloudnine Hospitals, Jayanagar, Bangalore
5	Rainbow Children's Hospital, Marathalli, Bangalore Cloudnine Hospitals, Jayanagar, Bangalore Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad Cloudnine Hospitals, Malad W, Mumbai Surya Hospital, Santa Cruz, Mumbai Rainbow Children's Hospital, Mount Gunidy, Chennai Madhukar Rainbow Children's Hospital, Malviya Nagar Metro Station, Delhi Cloudniap Hospitals, Mayfield Carden, Gunyaram
5 6 7	Surva Hospital, Santa Cruz, Mumbai
7	Rainbow Children's Hospital, Mount Gunidy, Chennai
8	Madhukar Rainbow Children's Hospital, Málviya Nagar Metro
9	Station, Deini Cloudning Hospitals, Mayfield Cardon, Curugram
10	Cloudnine Hospitals, Mayneid Garden, Gurdyram
11	Cloudnine Hospitals, Mayfield Garden, Gurugram Cloudnine Hospitals, Kalyaninagar, Pune Apollo Cradle & Children's Hospital, Koramangala, Bangalore
12	Apollo Cradie & Children's Hospital, Moti Nagar, Deini
13 14	Cloudnine Hospitals, T Nagar, Chennai
15	Apollo Children's Hospital, Thousand Lights, Chennai
	Bhagirathi Neotia Women and Child Care Centre, Rawdon Street, Kolka
REG	ONAL MULTI SPECIALITY RANKINGS - SOU
Rank	Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Apollo Health City, Jubille Hills, Hyderabad
4	KİMS Hospitals, Miniter road, Secunderabad, Hyderabad Apollo Hospitals, Bannergatta Road, Bangalore
5	Manipal Hospital, OAR, Bangalore
	Pranaam Hospital Hospitals Pvt Ltd, Hyderabad
7	Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chenna
9	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
10	Fortis hospital, Bannergatta Road, Bangalore Madras Medical Mission, JJ Nagar, Chennai
11	A J Institute of Medical Science, Kuntikan, Mangalore
12	Fortis Malar Hospital, Adyar, Chennai
	Chettinad Hospital , Chennai, Chennai
14	Sparsh Super Speciality Hospital, Yeshwanthpur, Bangalore
REG	ONAL SINGLE SPECIALITY RANKINGS - SOU
	Name
	Rainbow Children's Hospital, Banjara Hills, Hyderabad
2	Rainbow Children's Hospital, Marathalli, Bangalore
3	Cloudnine Hospitals, Jayanagar, Bangalore
4	Apollo Cradle & Children's Hospital, Jubilee Hills, Hyderabad
5	Rainbow Children's Hospital, Mount Gunidy, Chennai Apollo Cradle & Children's Hospital, Koramangala, Bangalore
7	Cloudnine Hospitals, T Nagar, Chennai
	Apollo Children's Hospital, Thousand Lights, Chennai Ankura Hospitals For Women & Children, KPHB, Hyderabad
10	Wellspring Mother And Child Care Hospital, Sadashivanagar, Bangalor
CITY	MULTI SPECIALITY RANKINGS - CHENNA
	Name
COLUM	Apollo Hospitals, Greams Lane
	Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga
1 2	SIMS Hospital, Jawaharlal Nehru Salai
1 2 3	Madras Modical Mission II Nagar
1 2 3 4	Madras Medical Mission, JJ Nagar
1 2 3 4 5	Madras Medical Mission, JJ Nagar Kauverv Hospital, Alwarpet
1 2 3 4 5 6 7	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai
1 2 3 4 5 6 7	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram
1 2 3 4 5 6 7 8	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar
1 2 3 4 5 6 7 8 9	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya Nospital, Vadapalani
1 2 3 4 5 6 7 8 9 10	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai
1 2 3 4 5 6 7 8 9 10 11 12	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam
1 2 3 4 5 6 7 8 9 10	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam
1 2 3 4 5 6 7 8 9 10 11 12 CITY	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam
1 2 3 3 4 4 5 6 7 8 9 10 11 12 CITY	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENNA
1 2 3 3 4 5 6 7 8 9 10 11 12 CITY Rank 1 2	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar
1 2 3 3 4 5 6 7 8 9 10 11 12 CITY Rank 1 2	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valapalani SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy
1 2 3 4 5 6 7 8 9 10 11 12 CITY Rank 1 2 3	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar Apollo Children's Hospital, Thousand Lights
1 2 3 3 4 5 6 7 8 8 9 10 11 11 12 CITY Rank 1 2 3 3	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENNA Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar
1 2 3 4 5 6 6 7 7 8 8 9 10 11 11 12 CITY Rank 1 2 3 3	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.HOspital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar Apollo Children's Hospital, Thousand Lights NNAI EMERGING HOSPITAL
1 2 3 3 4 4 5 5 6 6 7 7 8 9 9 10 11 12 CITY Rank 1 2 3 3 CHE Name Rela Ho	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar Apollo Children's Hospital, Thousand Lights
1 2 3 3 4 5 6 7 8 9 10 11 12 CITY Rank 1 1 2 3 CHE Name Rela Ho Rela Ho Rela MS	Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet COSH Multispeciality Hospital, Tambaram Chettinad Hospital, Chennai SRM Speciality Hospital, Ramapuram Fortis Malar Hospital, Adyar Vijaya hospital, Vadapalani A.K.HOSPITAL, Aminjikarai A.N.N.Hospital, Valasarvakkam SINGLE SPECIALITY RANKINGS - CHENN/ Name Rainbow Children's Hospital, Mount gunidy Cloudnine Hospitals, T Nagar Apolio Children's Hospital, Thousand Lights NNAI ENERGING HOSPITAL spital, Chrompet

NEURO S	CIENCES NATIONAL MULTI SPECIALITY RANK
Rank Nam	e
1 Med	anta the Medicity, Sector 38, Gurugram
	S Hospital, Jawaharlal Nehru Salai, Chennai
• • • • •	I. N. Reliance Foundation Hospital and Research Centre, aon, Mumbai
	llo Hospitals, Greams Lane, Chennai
5 Indr	aprastha Apollo Hospitals, Sarita Vihar, Delhi
6 KIM	S Hospitals, Hyderabad
7 Kau	very Hospital, Alwarpet, Chennai
	lo Health City, Jubilee Hills, Hyderabad
9 Forti	s hospital, Bannergatta Road, Bangalore
	ok Hospital & Research Centre, Pedder Road, Mumbai
	Super Speciality Hospital, Saket, Delhi
	iya Birla Memorial Hospital, Thergaon, Pune
	s Healthcare Ltd., Sector 41, Gurugram
	s hospital, Okhla, Delhi
	И New Bombay Hospital, Vashi, Mumbai
	. H Hiranandani Hospital, Powai, Mumbai
	llo Hospitals, Bannergatta Road, Bangalore
	ati Hospital And Research Centre, Bandra, Mumbai
	llo Gleneagles Hospital, Kadapara, Kolkata
	ara Hospital, Gomti Nagar, Lucknow
NATION	AL SINGLE SPECIALITY RANKINGS
Rank Nam	
1 Instit	tute Of Neurosciences Kolkata For Neurology, Beniapukur, Ko
	Neuro hospital, PimpriChinchwad, Pune
3 Guw	ahati Neuro Research Centre, Dispur, Guwahati

	3	Guwanati Neuro Research Centre, Dispur, Guwanati
	REG	IONAL MULTI SPECIALITY RANKINGS - SOUTH
ĺ	Rank	Name
	1	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
	2	Apollo Hospitals, Greams Lane, Chennai
	3 4 5 6 7 8	KIMS Hospitals, Hyderabad
	4	Kauvery Hospital, Alwarpet, Chennai
	5	Apollo Health City, Jubilee Hills, Hyderabad
	6	Fortis hospital, Bannergatta Road, Bangalore
	7	Apollo Hospitals, Bannergatta Road, Bangalore
	8	Kasturba Hospital, Manipal
	9	Madras Medical Mission, JJ Nagar, Chennai
	10	Sagar Hospital, Bannergatta Road, Bangalore
	11	Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai
	12	Columbia Asia Hospital, Hebbal, Bangalore
	13	MIOT hospitals, Manapakkam, Chennai
	14	Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai

Manipal Hospital, OAR, Bangalore

10 Gleneagles Global Health City, Perumbakkam

Maripar Hospital, OAR, Barigarore
CARE Hospitals, Banjara Hills, Hyderabad
Gleneagles Global Hospitals, Hyderabad
Apollo hospitals Enterprise Limited, Visakhapatnam
Continental Hospitals, Hyderabad
MULTI SPECIALITY RANKINGS - CHENNAI
Name
SIMS Hospital, Jawaharlal Nehru Salai
Apollo Hospitals, Greams Lane
Kauvery Hospital, Alwarpet
Madras Medical Mission, JJ Nagar
Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga
MIOT Hospitals, Manapakkam
Fortis Malar Hospital, Adyar
COSH Multispeciality Hospital, Tambaram
Chettinad Hospital, Chennai

HOSPITAL

CHENNAI EMERGING
Name
Rela Hospital, Chrompet
Rela MS Hospital, Redhills

Rela MS Hospital, Redhills	
NEPHROLOGY NATIONAL MULTI SPECIALITY RANK	ING
1 Apollo Hospitals, Greams Lane, Chennai	
2 Medanta the Medicity, Sector 38, Gurugram	
3 Sir H. N. Reliance Foundation Hospital and Research Centre, Girgaon, Mumbai	
4 Indraprastha Apollo Hospitals, Sarita Vihar, Delhi	
5 KIMS Hospitals, Begumpet, Hyderabad	
6 Max Super Speciality Hospital, Saket, Delhi 7 Apollo Hospitals, Bannergatta Road, Bangalore	
7 Apollo Hospitals, Bannergatta Road, Bangalore 8 Jaslok Hospital & Research Centre, Pedder Road, Mumbai	
9 BLK Super Speciality Hospital, Rajinder Nagar, Delhi	
10 Apollo Health City, Jubilee Hills, Hyderabad	
11 Apollo Gleneagles Hospital, Kadapara, Kolkata 12 MGM New Bombay Hospital, Vashi, Mumbai	
13 Sir Ganga Ram Hospital, Rajinder Nagar, Delhi	
14 Fortis Healthcare Ltd., Sector 41, Gurugram	
15 Kasturba Hospital, Manipal16 Dr. L H Hiranandani Hospital, Powai, Mumbai	
17 Lilavati Hospital And Research Centre, Bandra, Mumbai	
18 Sparsh Hospital, Yeshwantpur, Bangalore	
19 Fortis hospital, Anandapur, Kolkata	
20 Max Super Speciality Hospital, Vaishali, Ghaziabad	
NATIONAL SINGLE SPECIALITY RANKINGS	
Rank Name 1 Asian Institute of Nephrology & urology, Somajiguda, Hydera	had
2 RG Stone Urology & Laparoscopy Hospital, Pitam Pura, Delhi	.bau_
3 Hyderabad Kidney & Laparoscopic Center, Malakpet, Hydera	bad
4 Lions Kidney Hospital, New Friends Colony, Delhi	
REGIONAL MULTI SPECIALITY RANKINGS - SOL	JTH
Rank Name	
1 Apollo Hospitals, Greams Lane, Chennai 2 KIMS Hospitals, Begumpet, Hyderabad	
2 KIMS Hospitals, Begumpet, Hyderabad 3 Apollo Hospitals, Bannergatta Road, Bangalore	
4 Apollo Health City, Jubilee Hills, Hyderabad	
5 Kasturba Hospital, Manipal, Bangalore	
6 Sparsh Hospital, Yeshwantpur, Bangalore 7 SIMS Hospital, Jawaharlal Nehru Salai, Chennai	
8 Manipal Hospital, OAR, Bangalore	
9 Kauvery Hospital, Alwarpet, Chennai	
10 Gleneagles Global Hospitals, Hyderabad 11 Medway Hospital, Chennai	
12 CARE Hospitals, Banjara Hills, Hyderabad	
13 Madras Medical Mission, JJ Nagar, Chennai	
14 BGS Gleneagle Global Hospitals, Kengeri, Bangalore 15 COSH Multispeciality Hospital, Tambaram, Chennai	
 COSH Multispeciality Hospital, Tambaram, Chennai Kovai Medical Center and Hospital, Avanashi road, Coimbat 	ore
17 Sri Ramachandra Medical Centre (SRMC), Ramachandra Na	
Chennai 18 Fortis hospital, Bannergatta Road, Bangalore	
18 Fortis hospital, Bannergatta Road, Bangalore 19 Continental Hospitals Pvt Ltd., Hyderabad	
20 NU Hospitals, Rajajinagar, Bangalore	
REGIONAL SINGLE SPECIALITY RANKINGS - SOU	TH
Rank Name	
 Asian Institute of Nephrology & urology, Somajiguda, Hyder Hyderabad Kidney & Laparoscopic Center, Malakpet, Hyder 	abad
	abau
CITY MULTI SPECIALITY RANKINGS - CHENNAI	
Rank Name 1 Apollo Hospitals, Greams Lane	
2 SIMS Hospital, Jawaharlal Nehru Salai	
3 Kauvery Hospital, Alwarpet	
4 Medway Hospital 5 Madras Medical Mission, JJ Nagar	
6 COSH Multispeciality Hospital, Tambaram	
7 Sri Ramachandra Medical Centre (SRMC), Ramachandra Na	ga
8 Fortis Malar Hospital, Adyar	
9 MIOT hospitals, Manapakkam 10 Bharathiraja Speciality hospital, T Nagar	
CHENNAI EMERGING HOSPITAL	
Name	

NAI	IONAL MULII SPECIALITY KANKING
Rank	Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Medanta the Medicity, Sector 38, Gurugram
3	Sir H. N. Reliance Foundation Hospital and Research Centre, Girgaon, Mumbai
4	Indraprastha Apollo Hospitals, Sarita Vihar, Delhi
5	Max Super Speciality Hospital, Saket, Delhi
6	Gleneagles Global Hospitals, Lakadi Ka Pool, Hyderabad
7	Apollo Hospitals, Bannergatta Road, Bangalore
8	Ruby Hall, Sassoon Road, Pune
9	KIMS Hospitals, Begumpet, Hyderabad
10	Nanavati Super Speciality Hospital, Vile Parle West, Mumbai
11	Dr L H Hiranandani Hospital, Mumbai, Mumbai
12	Fortis hospital, Anandapur, Kolkata
13	Sir Ganga Ram Hospital, Rajinder Nagar, Delhi
14	Apollo Gleneagles Hospital, Kadapara, Kolkata
15	Fortis hospital, Bannergatta Road, Bangalore
16	CARE INSTITUTE OF MEDICAL SCIENCES, Sola, Ahmedabad
17	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
18	BLK Super Speciality Hospital, Rajinder Nagar, Delhi
19	Max Super Speciality Hospital, Vaishali, Ghaziabad
20	Saifee Hospital, Worli, Mumbai
	IONAL SINGLE SPECIALITY RANKINGS
Rank	
	Gem Hospital, Ramanathapuram, Coimbatore
2	World Gastroenterology Institute, Andheri, Mumbai
	Andread tradition to a Constitution of the Con

2	World Gastroenterology Institute, Andheri, Mumbai
3	Asian Institute of Gastroenterology, Somajiguda, Hyderabad
	IONAL MULTI SPECIALITY RANKINGS - SOUTH
Rank	Name
1	Apollo Hospitals, Greams Lane, Chennai
2	Gleneagles Global Hospitals, Lakadi Ka Pool, Hyderabad
3	Apollo Hospitals, Bannergatta Road, Bangalore
4	KIMS Hospitals, Begumpet, Hyderabad
5	Fortis hospital, Bannergatta Road, Bangalore
6	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
7	Apollo Health City, Jubilee Hills, Hyderabad
8	Manipal Hospital, Banashankari, Bangalore
9	MedIndia, Nungambakkam, Chennai
10	M S Ramaiah Memorial Hospital, New Bel Road, Bangalore
11	CARE Hospitals, Banjara Hills, Hyderabad
12	CMC, Vellore
13	Narayana Health, Anekal Taluk, Bangalore
14	Madras Medical Mission, JJ Nagar, Chennai
15	Kauvery Hospital, Alwarpet, Chennai
16	Sagar Hospitals, Tilak Nagar, Bangalore
17	Continental Hospitals, Nankaran Guda, Hyderabad
18	COSH Multispeciality Hospital, Tambaram, Chennai
19	Premier Hospital, Hyderabad
20	Apollo Hospitals, Banjara Hills, Hyderabad
	IONAL SINGLE SPECIALITY RANKINGS - SOUTH
Rank	Name
1	Gem Hospital, Ramanathapuram, Coimbatore
2	Asian Institute of Gastroenterology, Somajiguda, Hyderabad

REG	IONAL SINGLE SPECIALITY RANKINGS - SOUTH			
Rank	Name			
1	Gem Hospital, Ramanathapuram, Coimbatore			
2	Asian Institute of Gastroenterology, Somajiguda, Hyderabad			
	Y MULTI SPECIALITY RANKINGS - CHENNAI			
Rank	Name			
1	Apollo Hospitals, Greams Lane			
2	SIMS Hospital, Jawaharlal Nehru Salai			
3	MedIndia, Nungambakkam			
4	Madras Medical Mission, JJ Nagar			
5	Kauvery Hospital, Alwarpet			
	COSH Multispeciality Hospital, Tambaram			
7	Gleneagles Global Health City, Perumbakkam			
8	Apollo Hospitals, Karapakkam			
9	Fortis Malar Hospital, Adyar			
10	Apollo City Center Hospital, Sowcarpet			
11	Sooriya Hospital, Saligramam			
12 13	Billroth Hospitals, Shenoy Nagar			
	Vijaya hospital, Vadapalani			
14	MIOT hospitals, Manapakkam			
EME	RGING MULTI SPECIALITY RANKINGS - CHENNAI			
Name				
	Hospital, Perungudi			
Rela H	lospital, Chrompet			
Rela MS Hospital, Redhills				

Apollo Hospitals, Greams Lane, Chennai Medanta the Medicity, Sector 38, Gurgaon Sir H. N. Reliance Foundation Hospital and Research Centre, Girgaon, Max Super Speciality Hospital, Saket, Delhi Indraprastha Apollo Hospitals, Sarita Vihar, Delhi Apollo Health City, Jubilee Hills, Hyderabad Fortis hospital, Bannergatta Road, Bangalore Ruby Hall, Sassoon Road, Pune KIMS Hospitals, Miniter road, Secunderabad, Hyderabad Jaslok Hospital & Research Centre, Pedder Road, Mumbai Apollo Gleneagles Hospital, Kadapara, Kolkata Sir Ganga Ram Hospital, Rajinder Nagar, Delhi Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad Saifee Hospital, Charni Road, Mumbai Dr LH Hiranandani Hospital, Powai, Mumbai Fortis Hospital, Anandapur, Kolkata Apollo Hospitals, Bannergatta Road, Bangalore BLK Super Speciality Hospital, Rajinder Nagar, Delhi Columbia Asia Hospital, Salt Lake, Kolkata NATIONAL SINGLE SPECIALITY RANKINGS Rank Name Name
Asian Institute Of Nephrology & Urology, Somajiguda, Hyderabad
RG Stone Urology & Laparoscopy Hospital, Delhi
NU Hospitals, Rajaji Nagar, Bangalore
Karnataka Nephrology And Transplant Institute Victoria Hospital
Campus, Bangalore REGIONAL MULTI SPECIALITY RANKINGS - SOUTH Apollo Hospitals, Greams Lane, Chennai Fortis hospital, Bannergatta Road, Bangalore KIMS Hospitals, Miniter Road, Secunderabad, Hyderabad Madras Medical Mission, JJ Nagar, Chennai Apollo Hospitals, Bannergatta Road, Bangalore Kauvery Hospital, Alwarpet, Chennai Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga, Chennai Yashoda Super Speciality Hospital, Somaji Guda, Hyderabad Gleneagles Global Hospitals, Lakdikaapul, Hyderabad Gleneagles Global Health City, Perumbakkam, Chennai Apollo Speciality Hospitals, Jayanagar, Bangalore Premier Hospital, Hyderabad Sagar Hospital, Bannerghatta Road, Bangalore Gleneagles Global Health City, Perumbakkam, Chennai CARE Hospitals, Banjara Hills, Hyderabad REGIONAL SINGLE SPECIALITY RANKINGS - SOUTH Asian Institute Of Nephrology & Urology, Somajiguda, Hyderabad NU Hospitals, Rajaji Nagar, Bangalore Karnataka Nephrology And Transplant Institute, Victoria Hospital Campus, Bangalore CITY MULTI SPECIALITY RANKINGS - CHENNAI Apollo Hospitals, Greams Lane Madras Medical Mission, JJ Nagar Kauvery Hospital, Alwarpet
Sri Ramachandra Medical Centre (SRMC), Ramachandra Naga
Gleneagles Global Health City, Perumbakkam
Apollo City Center Hospital, Sowcarpet
Gleneagles Global Health City, Perumbakkam
Scritch Mal Fortis Malar Hospital, Adyar Billroth Hospitals, Shenoy Nagar Vijaya hospital, Vadapalani Chettinad Super Speciality Hospital, Kelambakkam



Emergency and Trauma continued on page 2 Methodology continued on page 2

Rela Hospital, Chrompet Rela MS Hospital, Redhills

SRM Speciality Hospital, Ramapuram

• The final score for a hospital is a weighted average of respective hospitals Perception Score and Factual

The indexed score of hospitals is

developed for each speciality and

added as an additional factor to arrive

The rating score and their ranks

were recalculated to arrive at the

multi-speciality hospitals/clinic's

Some caveats/assumptions:

been excluded from this survey.

Govt. hospitals & hospitals run by

Best efforts were made to reach

a trust (run as govt, hospitals) have

maximum hospitals across speciali-

ties; however, any hospital that did not send a complete "Fact-Sheet" within

the allotted time was assigned an aver-

age Factual score for calculating their

Any entity which expressly stated

that it did not wish to participate in

the survey was excluded from the sur-

vey. Also, some hospitals facing/faced

major issues like license, insolvency

case etc., have also been excluded from

onwards have been shown in the

emerging category. In all other cases,

they are a part of the main rankings.

i3rc Insights (i3RC) is a boutique research & consultancy firm that is focused on offering Superior Client

Service, Strategic Insights, Innovation, Quality & Commitment. i3RC has a young

extra effort to make every project a great success. In addition, i3RC has a team of highly experienced industry experts as

consultants who provide their expertise

for specific projects. i3RC is a full member of MRSI and follow the MRSI

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and multi-stage quality control system to

Disclaimer: Present survey has been ex-

clusively conducted by an independent

Research Agency named i3rc Insights Pvt.

Ltd using stated methodology for arriving

About i3rc Insights

Hospitals established in 2018 and

Arrive at Final Scores &

Ranking

at the final score.

overall ranking.

the survey

and dynamic

researchers

who are very

about their work and are

always willing to put that

team

final score.

Score.





ALL INDIA CRITICAL CARE HOSPITAL RESEARCH METHODOL RANKING SURVEY 2020 This research aimed to arrive at a list of All India Top Critical was administered to a dents, including doctor.

Ranking continued from page 1

NATI	ERGENCY AND TRAUMA ONAL MULTI SPECIALITY RANKING
Rank	Name
1	Medanta the Medicity, Sector 38, Gurugram
2	Indraprastha Apollo Hospitals, Sarita Vihar, Delhi
3	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
4	Sir.H.N.Reliance Foundation Hospital & Research Centre, Girgaon, Mumbai
5	KIMS Hospitals, Minister Road, Hyderabad
6	Max Super Speciality Hospital, Saket, Delhi
7	Apollo Hospitals, Greams Lane, Chennai
8	Apollo Hospitals, Bannergatta Road, Bangalore
9	Kokilaben Dhirubhai Ambani Hospital, Andheri, Mumbai
10	IMS and Sum Hospital, Bhubaneswar
11	Yashoda Super Speciality Hospital, Kaushambi, Near Dabur Chowk, Ghaziabad
12	Fortis Hospital, Anandapur, Kolkata
13	Apollo Health City, Jubille Hills, Hyderabad
14	Dr L H Hiranandani Hospital, Powai, Mumbai
15	Fortis Hospital, Okhla, Delhi
16	Columbia Asia Hospital Hebbal Kirloskar Business Park, Bellary Rd, Bangalore
17	Fortis hospital, Bannergatta Road, Bangalore
18	MGM New Bombay Hospital, Mumbai

Rank	Name
1	SIMS Hospital, Jawaharlal Nehru Salai, Chennai
2	KIMS Hospitals, Minister Road, Hyderabad
3	Apollo Hospitals, Greams Lane, Chennai
4	Apollo Hospitals, Bannergatta Road, Bangalore
5	Apollo Health City, Hyderabad
6	Columbia Asia Hospital, Bangalore
7	Fortis hospital, Bannergatta Road, Bangalore
8	Kauvery Hospital, Alwarpet, Chennai
9	Sagar Hospital, Bannerghatta Road, Bangalore
10	Madras Medical Mission, JJ Nagar, Chennai
11	Gleneagles Global Hospitals, Lakadi Ka Pool, Hyderabad
12	Sparsh Hospital, Yeshwantpur, Bangalore
13	BGS Gleneagle Global Hospitals, Bangalore
14	Sugam Hospital, Thiruvotriyur, Chennai
15	Manipal Hospital, OAR, Bangalore
16	CARE Hospital, Banjara Hills, Hyderabad
17	Premier Hospital, Hyderabad
18	Kovai Medical Center and Hospital, Avanashi Road, Coimbatore
CITY	MULTI SPECIALITY RANKINGS - CHENNAI
Rank	Name
1	SIMS Hospital, Jawaharlal Nehru Salai
2	Anollo Hospitals Groams Lano

	Compatore
CITY	MULTI SPECIALITY RANKINGS - CHENNAI
Rank	Name
1	SIMS Hospital, Jawaharlal Nehru Salai
2	Apollo Hospitals, Greams Lane
3	Kauvery Hospital, Alwarpet
4	Madras Medical Mission, JJ Nagar
5	Sugam Hospital, Thiruvotriyur
6	Sri Ramachandra Medical Centre (SRMC), Ramachandra Nagar
7	Apollo Hospitals, Karapakkam
8	Apollo City Center Hospital, Sowcarpet
9	COSH Multispeciality Hospital, Tambaram
10	Medway Hospital
11	MIOT hospitals, Manapakkam
12	Gleneagles Global Health City, Perumbakkam
13	Chettinad Super Speciality Hospital, Kelambakkam
14	Fortis Malar Hospital, Adyar
EME	RGING MULTI SPECIALITY RANKINGS - CHENNAI

was administered to selected respon

dents, including doctors of Oncologist,

Nephrologist, Urologist, Cardiologist,

Paediatrist, Gynaecologist/obstetri-

cian, Neurologist, Emergency & trau-

ma experts and gastroenterologist/

Hepatologist, patients & their caregiv-

ers to get ranking for various hospitals

and clinics on different parameters

ranging from hospital infrastructure

to quality of treatment provided. A

total sample survey of more than 2390

interviews was conducted across ten

cities viz. Delhi/NCR, Mumbai,

Kolkata, Chennai, Bangalore, Pune,

A robust approach based on the

i3RC-BRM tool was followed to arrive

at the final rankings. Final scores and

rankings were arrived at through step

by step rigorous statistical analysis as

The information was collected

under multiple parameters (shown

below) to assess key aspects of hospi-

■ Facilities and Public convenience

■ Innovation and Research Facilities

● I3RC propriety tool, i3RC – BRM tool

was used for the scoring system,

These parameters are then inte-

grated to arrive at a factual score for

weights and final score and ranking.

Bhubaneswar,

Ahmedabad,

given below:

Factual Score

tal healthcare delivery.

Quality of treatment

■ Team of consultants

■ Hygiene and Cleanliness

■ Infrastructure

■ Value for Money

each hospital.

Hyderabad & Lucknow.

Critical Care Hospitals

Analysis & Final Ranking of

a list of All India Top Critical Care Hospitals Ranking Survey for 2020-21. The hospitals included in the list had a speciality in Oncologist, Nephrologist, Urologist, Cardiologist, Paediatrist, Gynaecologist/obstetrician, Neurologist, Emergency & Trauma Experts and Gastroenterologist or Hepatologist.

The research was carried using i3RC's proprietary tool i3RC-BRM. It had three major modules, i.e. Desk Research, Factual Survey & Perceptual Rating Survey, followed by a scientifically developed analysis & ranking

The fieldwork for the survey was conducted from November 2020 to January 2021.

MODULE 1 | DESK Research

Module 1 was a secondary research module. A comprehensive list of hospitals was generated with the help of the internet, magazines and other publications. The various sources used for the generation of the hospital list included:

- List of hospitals/clinics from previous surveys (based on availability).
- A discussion with specialists to add/delete any hospital to ensure that the list prepared was a comprehensive
- Any hospital that has three or more speciality/ departments were considered a multi-speciality hospital.

As it is not possible to get an exhaustive list of hospitals and include them in the survey, so if any respondent mentioned any hospital name outside the prepared list, only then its name was included in the survey form.

Effectively, every hospital had a chance

of getting covered in the survey if the

A detailed questionnaire was sent to

all hospitals to collect factual informa-

tion based on various parameters that

ranged from the hospital's infrastruc-

ture to the quality of treatment pro-

vided. A total of 1734 hospitals were

In the perceptual survey module for

Top Critical Care Hospitals Ranking

Survey, a structured questionnaire

contacted for factual information.

MODULE 3 | Perceptual

respondents mentioned their name.

MODULE 2 | Factual Data

Module 1

Desk Research

Collection

Module 2 **Factual Data** Collection

Analysis of data & Final Rankings

Perceptual Score

Different parameters on which Hospitals/Clinics are evaluated (same parameters as taken for Factual score) Quality of treatment

- Team of consultants ■ Infrastructure
- Hygiene and Cleanliness

for each hospital.

- Facilities and Public convenience
- Innovation and Research Facilities ■ Value for Money Rating is done on various parame-
- ters for each hospital/clinic. • i3RC propriety tool, i3RC – BRM tool
- was used for the scoring system, weights, final score, and ranking. These parameters are then integrated to arrive at a perceptual score

at given rankings. The publication house and its affiliates/employees/authorized representatives/group companies are not responsible/liable for the above rank-

deliver excellent quality.

ings. Readers are advised to take an informed decision before acting upon the research rankings.

Bariatrics for Paediatric to Geriatric

he global obesity pandemic is increasing steadily, showing no signs of relenting. Sadly, this has further accelerated during the Covid-19 pandemic due to strict lockdowns and lack of exercise, due to closure of public places. Covid-19 will be out shortly, but the obesity pandemic will be a permanent challenge to mankind.

Aditiya Birla Memorial Hospital, Thergaon, Pune

BLK Super Speciality Hospital, Rajinder Nagar, Delhi

Presently, India has the 2nd highest number of obese children in the world with 14.4 million children being classified as obese, as per recent

Obesity does not come alone, rather it brings with it, Diabetes, Hypertension, cardiac ailments, cholesterol, knee problems, arthritis, cancer, stroke, sleep apnea, asthma, liver and gall bladder disease and reproductive problems.

SPECIALISTS REITERATE THAT LOSING WEIGHT IS A HIMALAYAN TASK Obesity is a complex multifactorial disease

Hospitals caused by metabolic, genetic, hormonal conditions which are difficult to treat with lifestyle modifications alone. It is not a disease to be taken lightly. It is possible to lose weight in small meagre amounts say

around 3 to 5 kgs with diet modification, exercise etc. But not

Obesity prevalence in the Indian scenario)
Population Group classified as obese or overweight Ye	ar of reference
3.7 % boys and 2.6% girls aged between 5 and 9	2016
1.8% boys and 1.6% girls aged between 10 and 19	2016
135 million adults (73% of the urban population, translating to 3 out of 4 people).	2020



MedIndia

Rela Hospital, Chrompet

Rela MS Hospital, Redhills

MGM Hospital, Chennai

beyond that. Specific medications, will be of temporary use, but with side effects. Bariatric surgeries like Gastric bypass and Laparoscopic sleeve gastrectomy as a solution for morbidly obese people with failed dietary regimes, lifestyle modifications, offer great relief but with significant morbidity and mortality.

T<mark>hen what else is</mark> available <mark>as a</mark> To offer succour to the obese patients,

<mark>M</mark>edIndia Hospitals, Nungambakkam, Chennai has put in place unique, state of the art, new age bariatric department starting from paediatric patients all the way to geriatric population. MedIndia now offers Endoscopic Sleeve Gastroplasty (ESG), Intra Gastric Balloon (IGB) which make the procedures less invasive, but effective without significant morbidity and mor-The bariatric department of Medindia

Hospitals shall pave the way for a comprehensive approach for overweight and obese patients with a multi-disciplinary team consisting of gastroenterologists, laparoscopists, psychiatrist, psychologist, intensivists, internists and nutritionist playing an active role to offer holistic solutions.

INSURANCE FOR BARIATRIC SURGERY The Insurance Regulatory and Development Authority of

India (IRDAI) recently included bariatric surgery under insurance, which public should make a note of it and utilize. The public can avail Free Consultation from

Medindia obesity-care department via our Obesity Helpline No. 12789 or a call to 98409-93131.

Why are so many Indians stressed? disorders- Alzheimer's, dementia, declin-

2% of Indians are stressed out today. The rising stress levels even made OIndia earn the title of being the most depressed country in the world, some years

Stress has become an overheard word in our lives, isn't it? For a problem that has been for years dismissed as a 'western' concept, the number of Indians reeling under stress is far more profound than any of the Western countries. Be it work pressure, struggles of life, relationships, financial stress or a mental overload, more and more Indians are suffering from pangs of stress, depression, anxiety and related ailments. What's more shocking is that stress is also one of the prime reasons for increased precedence of young-age cardiac arrests, blood pressure flare up and increased risk of chronic diseases.

The pandemic has only added to our woes. In a development that is making experts worry, we may be at the brink of facing a terrible mental health pandemic. Rates of depression, anxiety, loneliness brought on by the lockdown have soared. Not to forget, the crisis COVID-19 brought in front of us has drained out many people emotionally as well as financially.

But the main question we face in front of us is-What's making Indians so stressed

From the times experiencing a little stress was considered to be an environmental factor that pushed people to be more productive, the definition of the word stress has gone for an overhaul. And, in the lack of requisite knowledge, Indians are suffering from the curse of it.

According to Dr Kersi Chavda, practising Psychiatrist and Consultant, Hinduja Hospital, Mumbai, Indians may be genetically predisposed to high stress and pressure, which is also the centre of a lot of recent studies and research.

STRESS CAN DIFFER FROM PERSON TO **PERSON**

The kind of stress also varies depending on the age you are at- and the factors in front of you.

For kids, increased stress levels could show up in the form of developmental disorders, anxiety, exam stress, peer pressure. Attention Deficit Hyper Disorder (ADHD) is also being commonly diagnosed in younger kids today. With pre-teens and teens, there's also a heightened risk of anxiety, depression. Recent studies also indicated that teenagers in the age of social media also face a higher suicide risk.

With age, stress causes and factors change. Troubled relationships, increasing divorce rates are also some of the reasons behind high functioning stress and mental health problems.

And then, there's the problem with India's massive ageing population. While India is a relatively young country, there are also a lot of elderlies at the risk of degenerative disease and mental health ing cognitive function and many other mental illnesses In the lack of awareness and skewed medical resources, the problems are only

going to worsen over the years WHAT CAN YOU DO TO COPE WITH STRESS? Stress is a part of our lives but that doesn't mean you have to let it impact you

negatively. On a community level, we need more a better approach and focus on mental wellbeing. From rightful awareness drives, education and easily available resources,

stress can be dealt with in a better manner. There are also a lot of things we can do. as individuals to control and alleviate stress levels. Good quality sleep, lesser screentime, taking time out for a workout, having a potent, nutritious diet and many more mindful measures can help you adopt

live life better. Awareness about mental health and the destigmatizing of mental illnesses is still bleak in our country. Despite the advent of the internet, and the open conversations celebrities have brought to the table, there are still a lot of myths, taboos and misinformation about mental well-being. Remember, seeking therapy or going to a psychiatrist, or being open about how you feel doesn't make a person weak, or bad. Mental illnesses should no way be stigmatized and the right help, taken at the right time can nip a lot of problems in the bud.

Coronavirus: Will the new COVID variants render vaccines ineffective? **ARE COVID-19** Astrazeneca, Bharat Biotech

VACCINES EFFECTIVE AGAINST NEW MUTATIONS?

It has been over a couple of months since COVID-19 vaccination drives begun across the world. Sadly, that's also the time a

lot of the new virulent COVID-19 strains, thought to have originated from the UK, South Africa, Brazil came into being. The newer COVID variants

are said to present different symptoms and launch an attack in a different way They are said to be more infectious and transmissible than the original strain.

Newer pieces of researches have also pointed out yet another startling piece of evidence- the virus strains may dim down the efficacy of the vac-

In the timeline when many are already doubting the safety and workability of the COVID-19 vaccines being ambitiously used right now, will the vaccines be effective enough to fight out the new virus strains? Will it be safe for use in the future?

WHAT DO WE KNOW ABOUT THE **NEW COVID VARIANTS RIGHT** NOW?

Right now, the spread of the three new COVID mutations has sparked worries globally. The first cases emerged from the UK and now, a surge in cases is also being witnessed in New York. Closer home, cases have been traced in Maharashtra and Kerala more recently.

The new mutations, particularly the Kent variation is said to be at least 50 times more contagious, is leading to a rise in cases reported amongst the young and healthy. Some have also flagged concerns that the variant may also launch a severe attack, which may need hospitalization

However, while countries across the world are seeing a repeated surge in cases, whether or not it is linked to the discovery of newer strains and variations is yet to be clinically established. readmore

DO VACCINES WORK AGAINST MUTATIONS?

From a general perspective, vaccines are usually developed to take care of any mutations or vaccine and



Since viruses, much like other pathogens are known to mutate, most vaccines developed after prolonged clinical research are known to work against all variants in a good manner. Some vaccines, such as the flu vaccines also require annual updation to tackle any changes in the influenza virus.

However, with the COVID-19 pandemic, where vaccines have been rolled out for use in an unprecedented manner, it gets trickier. Simply put, we do not have a credible answer right now.

Not only have the vaccines been launched faster than ever, but we also do not have enough evidence available to support or deny the matter, whether or not the vaccines can work.

WILL IT LEAD TO A LOWER EFFICACY RATE?

The way a vaccine works is by building antibodies that block future strikes by the said pathogen.

From what is being seen right now, the new variants have the tendency to invade the body more easily, pass through some immune receptors, meaning that they may be able to block some antibody response.

Current researches, carried out using the Moderna vaccine model found that the people who showed a slower antibody response in comparison to the older strain. Moderna has also initiated a clinical study of a newly developed vaccine to test the efficacy against the new South African strain.

The same has also been observed with the Pfizer vaccine. The new variants may lower the efficacy rate, and hence, may not work as effectively as we wish it to.

Research is ongoing for other vaccine developers, including Oxford-

and Cansino, all being pushed into use right now. Johnson and Johnson's one-dose vaccine, which has shown promising results is also being pushed into study again.

PEOPLE SHOULD STILL **GET THE VACCINE JABS**

A lower efficacy rate or antibody response may seem bad, but experts are not wor-

According to Dr Randeep Guleria, AIIMS Delhi, variants and mutations may dim down efficacy rates, but they will not hinder the vaccines from work

ing totally. Adding that a reduced efficacy rate could still lower down the risk of transmission and severity, he was quoted

There are two things. One is the efficacy of the vaccine in preventing serious disease and death. I could say that the vaccine definitely will prevent serious disease and therefore decease mortality as far as new strain is a concern. As far efficacy is a concern, one can argue that if you have a strain, the efficiency theoretically may come down a little bit but we do have a good buffer,"

Doctors and researchers in parts of the world where initial phases of inoculation drives have been completed have also witnessed real-life data to support the working of vaccines. Therefore, we must put our trust in vaccines in the global fight against the novel coronavirus, which has already taken so many lives.

WILL IT RAISE THE RISK OF REINFECTIONS? What we should know is that reinfec-

tion, even if rare, is still very much a possibility that exists in front of us right now, with our without vaccines.

Vaccines being used right now have been designed to lower down transmission, severity risk. Whether or not vaccinated people could catch COVID-19 again is still under study, and we'll only learn more about it once enough data is available.

At the same time, there are also growing researchers which claim that the new strains may further raise the risk of reinfection.

Therefore, people must not remain too precarious and take all precautions









TEALT SURVEY



STROKE -**FACTS AND WAYS TO** PREVENT IT

ur Brain is undoubtedly the most complex and vital organ in the body. It controls just about anything that happens in our body starting from movement, sensory reactions, thinking and learning to even breathing. But just like any other organ, it requires a constant supply of oxygen and nutrients to function. In fact, the brains con-

sumes about 20% of the energy and oxygen available to the body. If for some reason the blood supply to the brain is hindered, the brain cells start to die. This con-Cerebrovascular Accident. It is one of the leading causes of death and disability in the world.

Stroke is a medical emergency. For each minute delay in medical help, the victim loses about 1.9 million neurons. It is the same mechanism as heart attack (which is caused by block in blood vessels to heart). The major difference between heart attack and brain attack is that the heart function is uniform, and loss of small portion of heart is compensated by other areas; whereas brain has different functions in different areas and loss of a portion of brain area is irreversible and cannot be compensated by other areas. This is the major cause of functional incapacity following a stroke. Hence, even when a person survives following a stroke, the

paralysis and loss of ability to speak make the person to be permanently disabled.

The good news is, the management of stroke dramatically advanced over the past few years. Patient with stroke due to blockade of large artery can benefit from emergency clot removal by procedure called Mechanical Thrombectomy. But, availing medical help within the stipulated time window, also known as the golden hour, is critical. Drooping face, sudden weakness in hands or legs, blurry vision, slurry speech can all be signs of stroke. If the signs are identified early and the victim is

evacuated to the hospital within 4-6 hour, the blood circulation could be reestablished and a major stroke can be prevented. Delay in getting to the hospital and receiving appropriate treatment can cause irreversible damage and further treatment would only be supportive care and most often cannot restore the damaged brain function.

SIMS Hospital, Chennai boasts of one of the best Emergency and Trauma Care services in Chennai with capability to manage all kinds of medical emergencies. The hospital has deployed a fleet of 16 GPS enabled ambulances with Advanced Life Support system and trained paramedics, in the neighbourhood. The 22-bed emergency facility has cutting-edge intensive care equipment and manned with specialist doctors trained by PMG, Boston. Being the leading hospital for Neuroscience in Chennai, SIMS has an advanced Stroke management protocol in place led by an experienced Neuro intervention specialist. Over the last 5 years, the department has the experience of treating over 1000 stroke cases with outstanding results. Moreover, availability of quaternary care facilities at SIMS,

helps the stroke victims with multidisciplinary treatment approach for best possible clinical outcomes. Last year, the hospital launched a comprehensive Stroke dition is known as Stroke or SRM INSTITUTES FOR MEDICAL SCIENCE Rehabilitation Program, comprising of Neurologists, Neuro intervention specialist, Physiotherapy specialists and Clinical Psychologists for better

recovery of people affected by stroke. As far as stroke is concerned, prevention is always better than cure. Adequate control of blood pressure, blood sugar, cholesterol is of paramount importance. To guit smoking and alcohol consumption helps in a large way to prevent stroke. Adequate hydration and adopting healthy lifestyles like walk ing and other exercises can maintain a healthy blood circulation and thus prevent stroke

For more details, contact: SIMS Hospital For details: 044 - 2000 2001 Emergency: 044 - 2000 2020 www.simshospitals.com

Rainbow Is The New Dimension To Pediatric Specialty Care And Comprehensive Perinatal Care

ime and again, Rainbow Children's Hospital has proven L to be one of India's leading Children's Hospitals. Dr. Ramesh Kancharla, Chairman and Managing Director, Rainbow Children's Hospital says, "The dedication and exceptional teamwork of doctors, nurses and staff and trust of young parents, have led to our success. The team

believes that every child has the right to child has the right to survive and the appre-ciation and recognition

Rainbow Children's Hospital received over the years reinforces our values

and commitments, and encourages us to strive harder and achieve more." For 21 years, Rainbow Hospital has

delivered high quality care and strengthened its reach across five states with 14 units, 1500+ beds with one-third being dedicated to the intensive care services. They care for at least 10 lakhs out patients, 75,000 inpatients, 20,000 ICU admissions and deliver 14,000 babies

pediatric super specialties to make it comprehensive pediatric multispecialty children's hospital. Rainbow believes that

comprehensive pediatric and perinatal care has to be delivered by full-time

and well qualified specialists and super ■ BirthRight specialists, to provide 24/7 clinical care and build clinical talent as well, which has result-

ed in the establishment of one of the largest DNB programmes and many super specialty training courses in the

Rainbow Children's Hospital, Hyderabad was home to the medical marvel "South East Asia's Smallest Baby Girl", who was delivered at the hospital. From inception, they have successfully preserved over 5000 preterm babies, some of whom were too small and

critical to survive. To observe the occasion of 'World Premature Day', the hospital gathered 445 children who were born prematurely under one roof to raise awareness on premature babies. This event was witnessed

Guinness Book of World Records and conferred the award in 2016.

Today, Rainbow is medically reputed and has also demonstrated its scalability, when the country needs children's specialty hospitals. Over the last two decades, Rainbow has strived to establish pediatric tertiary care and multi specialties and is now marching to establish quaternary care for children by performing cardiac surgeries, multi organ transplantations to join the world's leading children's hospital

To know more about the services, or to book an appointment, call 1800 2122 or visit www.rainbowhospitals.in You can even walk into their facility at Anna Salai, Guindy.

What is Coronaphobia? Everything you need to know

OVID-19 has not only taken a heavy toll on our physical health but also disrupted our mental health and well-being. While doctors and medical professionals have gone extraordinary miles to study the various symptoms and signs of COVID, only small scale research has been

annually. They offer 12 Chairman and MD

conducted to analyse the implications of the pandemic on people's anxiety and stress levels. That said, during such fear-ridden times, when you can't help but wonder whether your cough, cold or fever is a sign of COVID or not, scientists have coined a term called

'Coronaphobia' that is specifically related to COVID-triggered anxiety.

WHAT IS CORONAPHOBIA?

As is known, a phobia is a state of fear associated with different aspects of life and situations. Similarly, coronaphobia is a new type of phobia that is particularly linked to the novel coronavirus. Having observed and looked into many studies, scientists have defined coronaphobia as "an excessive triggered response of fear of contracting the virus causing COVID-19, leading to

accompanied excessive concern over physiological symptoms, significant stress about personal and occupational loss, increased reassurance and safety seeking behaviors, and avoidance of public places and situations, causing marked impairment in daily

ASSOCIATED SYMPTOMS

As per a study published in the Asian Journal of Psychiatry in December 2020, experts have found three reigning characteristics of the anxiety emerging from the terror of COVID-19. The following are some of the associated symptoms.

• Neverending worry leading to heart palpitations, loss of appetite and dizziness. Constant overthinking that triggers con-

tinuous fear and worry. • A sense of fear to attend public gatherings and events. A sort of anti-social behaviour that can facilitate further problems of

anxiety and isolation. **HIGH RISK INDIVIDUALS**

According to a recent report published online in the journal Frontiers in Global Women's Health, symptoms of insomnia, depression and anxiety were more common in women than in men.

With a similar end report in her research, Dr. Lily Brown PhD, director of the Penn Center for the Treatment and Study of Anxiety believes women were more prone to anxiety than men, given the worries related to family members getting sick or themselves spreading the virus to others.

Brown also found that younger people have been experiencing an increase in anxiety due to the virus as well as the kind of surrounding the pandemic has created in recent times

WAYS TO MANAGE CORONAPHOBIA?

The Center for Disease Control and Prevention (CDC) has suggested various ways to tackle problems of anxiety and stress. It encourages taking care of one's physical health and also socializing with others. Besides that, cognitive behavioral therapy (CBT) has proved to treat anxiety effectively and efficiently.

While with the emergence of the vaccine, the anxiety may have lowered down a bit, but fear and the phobia still looms over our head. The only way you can tackle it through self-control and by maintaining a sense of calm.

Improving quality of life in advanced medical conditions with palliative care

Size of elderly popula-tion in the country is set to rise to 173 million (12% of population) by 2026. Hence, 3 million additional beds are required for India to achieve its target of 3 beds per 1,000 people by 2025.

India's biggest healthcare challenge is non-communicable diseases related to lifestyle. Those suffering from chronic conditions like cancer, lung, heart or kidney disease, Alzheimer's disease, Parkinson's, Dementia, stroke, COPD or paraplegia or other serious illnesses, often require conservative management to address their symptoms and enhance living. Palliative care is an organised, highly structured interdisciplinary medical caregiving approach, which not only relieves suffering and improves quality of life for the patients, but also offers support and assurance to the family and caregivers. Early intervention with palliative care can also help those terminally ill recuperate and handle the

condition better. RMD Pain & Palliative Care Trust understands this and offers comprehensive medical management and nursing support, beyond curative care to oversee their wellbeing. The not-for-profit healthcare organisation was established in 2005, by Founder & Managing Trustee, Dr. Republica Sridhar, MBBS, FCCP, PGDFH, who has over 15 years of experience in caring for the termi-

RMD Pain & Palliative Care Trust has evolved over the years, taking cue from the requirements of the community, and emerged as a leading palliative care provider, with 110 beds across 4 locations in Chennai in Nagar, Maduravoyal and Sriperumbudur and The Prabha Integrated Hospice & Palliative Centre in Madurai. The Trust has approximately 8 consultants who are experts across various special-



ties, in addition to round-the-clock doctors and exclusive elderly and palliative care physicians who are actively involved in patient care. Numerous patients and their families have benefitted from its services.

A THOUGHTFUL AND CARING

APPROACH The palliative care offered to a patient is determined by age, stage of ailment and availability of treatment. RMD Pain & Palliative Care Trust offers up to date and ethical treatment, after taking into consideration the patient's social, family and financial circumstances. The centres offer both in-patient and outpatient palliative care, depending on the condition. They guide the family and counsel them to cope with the situation. A balanced approach is employed to ensure the right treat-

ment is offered at the right time. RMD Pain & Palliative Care Trust

also offers end of life care in the comfort of home, with required medical assistance and equipment support for those who prefer it. The patient and family are given complete clarity on the condition and the treatment administered. This helps them to be better prepared and have fewer surprises. The team is totally transparent in their endeavours and ensures the cost is affordable to the middle class

FAST EMERGING SPECIALITY

Although the speciality is well established in countries like UK and Australia, in India, Palliative Care is still in its nascent stages. RMD Pain & Palliative Care Trust is at the forefront of offering courses for training in geriatric, palliative and emergency home care services for aspiring nurses and social workers. To date, approxi-

mately 2600 candidates have been trained and over 800 individuals have been placed in jobs relevant to their skill sets.

PAVING THE WAY FOR A BETTER LIVING

The model followed by RMD Pain & Palliative Care Trust is sustainable and can easily be replicated. The Trust has emerged as a referral centre for palliative care with patient referrals from several reputed hospitals from across the state. RMD Pain & Palliative Care Trust supports and handholds patients towards recovery and better quality of living.

For more details contact: RMD Pain and Palliative Care 13, Raghavaiah Rd, Parthasarathi Puram, T. Nagar, Chennai, Tamil Nadu

600017 PH: 9381016588

PRIORITISING PHYSICAL AND MENTAL HEALTH BEYOND THE PANDEMIC

Dr. Ramesh Kancharla,



s the lockdowns ease and life crawls back towards normalcy, the society is slowly realising the other consequences of the COVID-19 pandemic. Dr. Sudhan Christudas, Founder, COSH Hospital. Tambaram, shares his observations.

JOINT PAINS

Over the last few months, there has been a surge in patients seeking orthopaedic treatment and physiotherapy for joint, back and neck pain. This is primarily due to a changed work environment with work from home and online teaching and learning, leading to bad posture. Creating a dedicated work space with a comfortable chair and table, and ensuring proper height of the screen to match the eye level with ergonomic gadget stands can help a great deal.

INCREASED STRESS LEVELS

Excess work pressure and lack of sleep have also resulted in mounting stress levels, making it difficult for many to focus and concentrate. While cardio workouts promote heart health and improve general circulation, it is extremely beneficial to do regular yoga and stretching exercises as they improve breathing patterns and strengthen and improve flexibility of muscles. Try not to be overwhelmed by difficult situations. Take it in your stride, accept it and

WEIGHT GAIN

With the pandemic taking a toll on the body mentally and physically, several people have gained excess weight during this period. To begin

with, it is advisable to count calories to keep a tab of daily intake. Then, try to reduce calorie intake while continuing to exercise, to ensure definite weight loss and long term benefit. Eating lighter meals and avoiding

junk food is recommended. **RESUMING EXERCISE**

While getting back to sports and physical activities after a long hiatus, it is important to do a lot of stretching and take things slow, until the body gets into the groove. Resuming activities suddenly can result in pain and sports injuries.

CONTINUE TO STAY SAFE

As the COVID-19 pandemic comes under control, it is safe to step out into open spaces and enjoy activities like walking and jogging. With gyms opening up, people can resume regu-

lar work outs and return their focus to improving physical health. It is however important to continue wearing masks and practice precautions such as social distancing and hand

OVERCOMING FEAR AMONG THE ELDERLY

The geriatric population is slowing beginning to restart their lives out of

home and come outdoors while following safety norms. This can help boost their overall wellness. It is critical to break the phobia of the pandemic and step out of home (even if it is just to the terrace) for a short walk every day.

AN OPTIMISTIC ATTITUDE

Many people are facing a setback in their lives with varied forms of cancer and malignancies on the rise. Despite all odds, it is important for those facing such situations to understand that it is not the end of life and treat the condition like a regular disease. They must not brood over the situation and instead undergo the necessary treatments and adhere to necessary schedules while following a normal lifestyle. The family must also be guided and counselled to cope

THINK POSITIVE ABOUT **HOSPITALS AND**

with the situation.

MEDICATION Many people tend to fear hospitals and try to avoid them as far as possible. It is important to remember that hospitals can help us improve our health situation and come out fitter and happier. Many people feel dejected when they have MULTI SPECIALITY HOSPITAL

to take long term medications for conditions like hypertension, diabetes and rheumatoid arthritis. Rather than being miserable about the situation, one must focus on how these medicines help improve their health and quality of life.

For more details, contact: No. 9, Duraiswamy Nagar, IAF Road, Near MCC School East Tambaram, Chennai -600059 9884600061 / 9884600062 / 9884600065



