



SIMS

SRM INSTITUTES FOR MEDICAL SCIENCE
CHENNAI

A grayscale photograph of a woman from the back, wearing a white t-shirt and jeans. Her hands are placed on her neck and lower back. Red glowing areas are superimposed on these regions to indicate pain. An orange rectangular box is overlaid on the right side of the image, containing the text 'CHRONIC PAIN MANAGEMENT' in white.

CHRONIC PAIN MANAGEMENT

INSTITUTE OF
ANESTHESIA & PAIN MANAGEMENT

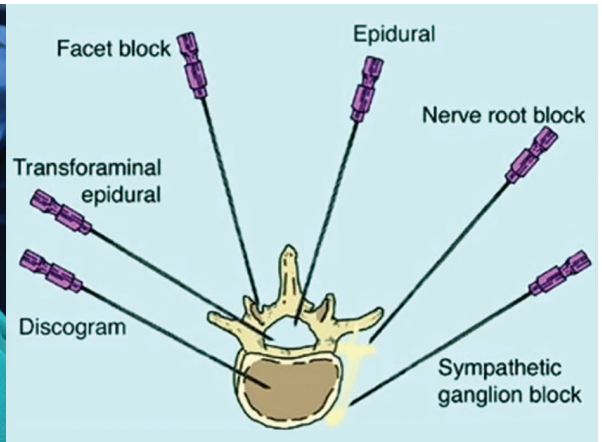
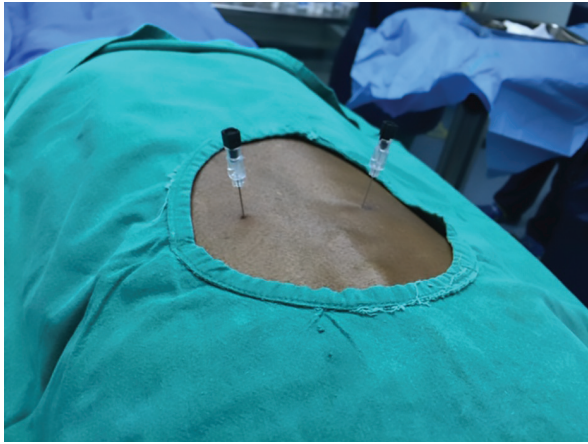
PAIN is a complex physiological and psychological phenomenon that is subjective in nature. It is a complicated and often debilitating problem that can have a major impact on physical and mental being. Pain may be acute or chronic and may persist even when tissue healing has occurred. The assessment of pain with a multidisciplinary approach and the documentation of the effectiveness of any interventions are fundamental principles of successful pain management.

The department of pain management at SIMS offers a comprehensive range of services for patients suffering from acute or chronic pain. Pain Specialists at our centre provide some of the world's most advanced treatment options in a supportive, compassionate environment both on inpatient and outpatient basis. They help patients to return to independence and comfort, and have restored their quality of life.

Conditions treated at our Pain Clinic include



- Acute pain following trauma like road traffic accidents,
- Chest trauma with rib fractures, post operative pain etc
- Relief of pain in woman in labour
- Orofacial pain like trigeminal neuralgia, cluster headache, temporomandibular pain, atypical facial pain, intractable migraine etc
- Neck pain due to any causes, cervicogenic headache, occipital neuralgia etc
- Fibromyalgia and myofascial pain syndromes



- Sympathetically mediated pain like reflex sympathetic dystrophy, causalgia pain
- Abdominal pain due to chronic pancreatitis, pancreatic cancer or any other visceral cancer pain
- Vascular pain due to limb ischemia
- Post herpetic neuralgia
- Low back pain due to any cause
- Pain due to peripheral neuropathy
- Post thoracotomy, sternotomy & post mastectomy pain
- Phantom limb pain
- Cancer pain
- Chronic pain around hip, knee and shoulder
- Pain due to chronic endometriosis, irritable bladder, bowel syndromes, pain from pelvic malignancies

Treatment modalities

Our Pain Specialists offer numerous treatment options for the management of pain with state of the art, equipments with evidence based interventional techniques. Some of the interventional techniques include

- Cervical, thoracic, lumbar and sacral epidural injections by the interlaminar route.
- Transforaminal root blocks done at lumbar and sacral levels
- Radiofrequency ablation of Dorsal root ganglion at cervical, thoracic, lumbar and sacral levels under fluoroscopic guidance

- Facet joint related pain at different levels treated with medial branch RF lesioning at appropriate levels
- Sacroiliac joint injections



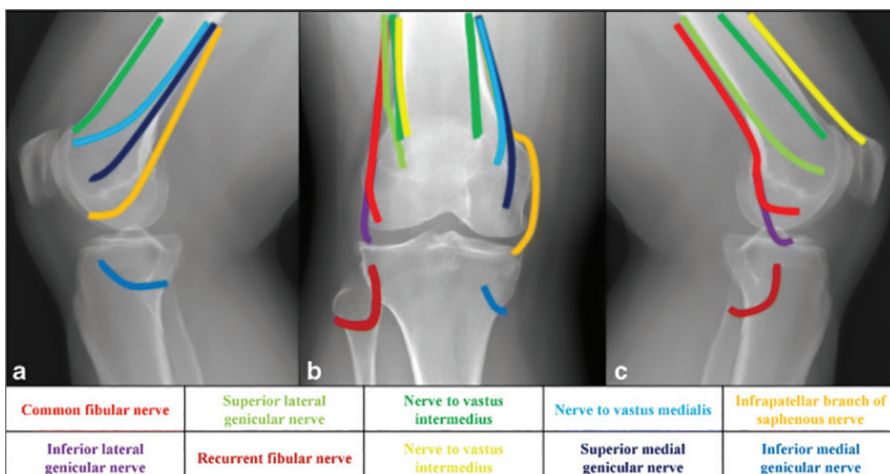
Sacral epidural adhesiolysis

- All types of nerve blocks for diagnostic and therapeutic purposes
- Ultrasound guided joint injections, Trigger point injection

Genicular nerve RF ablation for intractable knee pain

- Sympathetic nerve trunk block followed by RF ablation
- Neurolytic blocks for cancer pain
- Intrathecal pumps - insertion and management

Most of the procedures are done as Day Surgery patients





345 Bedded Super Specialty Hospital in a Central Location

Institutes Centric Patient Care

State of the Art Imaging and Lab Services

Best in Class - 15 Modular Operating Rooms

7 Specialty Centric ICU's

Specialized Day Surgery Unit: Surgery Today & Home Today

24x7 - 21 Bedded Accident and Emergency unit with

Specialized Protocols for Trauma & Medical Emergencies

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