



Keep Calm & Stay Focused

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		New Year 1	2	3	4	5
● 6	7	8	9	10	11	12
13	14	Pongal 15	Thiruvalluvar Day 16	Uzhavar Thirunal 17	18	19
20 ○	21	22	23	24	25	Republic Day 26
27	28	29	30	31		

Institute of
Neurosciences

- ☼ 24 x 7 Neuro Emergency / Head Injury & Acute Stroke Services
- ☼ Endoscopic / Microscopic / Awake Surgeries / Epilepsy Surgery/ Intra-Operative Monitoring / Complex Neurosurgeries
- ☼ Dedicated Team of Neurosurgeons, Neurologists, Neurophysiologists & Allied Services



No.1, Jawaharlal Nehru Salai (100 Feet Road), Vadapalani, Chennai - 600 026
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Exercise Regularly

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	World Cancer Day 4	●	5	6	7	8
10	11	12	13	14	15	16
17	18	○	19	20	21	22
24	25	26	27	28		

Institute of
Cardiac Sciences

- ⊗ Interventional Cardiology
- ⊗ Cardiothoracic & Vascular Surgery
- ⊗ Treatment for Advanced Aortic Disorders
- ⊗ Paediatric Cardiac Services
- ⊗ 24X7 Emergency Cardiac Services



Indulge in a Sport

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31					1	2
3	4	5 ●	6	7	8	9
10	11	12	13	14 World Kidney Day	15	16
17	18	19	20 ○	21	22	23
24	25	26	27	28	29	30

Institute of
Orthopaedics

- ✦ **ROBOTIC KNEE REPLACEMENT - 1ST IN TAMIL NADU**
- ✦ Asia's largest experience in Hip Resurfacing Surgery & Delta Motion High performance Hip
- ✦ Partial Knee Replacement
- ✦ Specialised Non-Operative Management for Knee Pain – Knee School
- ✦ Complex Revision Joint Replacement Surgery



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Healthier the food, better the life

April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	● 5	Ugadhi 6
World Health Day 7	8	9	10	11	12	13
Tamil New year 14	15	16	Mahavir Jayanthi 17	18	○ Good Friday 19	20
21	22	23	24	25	26	27
28	29	30				

Institute of
Gastroenterology,
Hepatobiliary &
Transplantation

- ⊗ Advanced Medical & Surgical Treatment for Various Digestive Disorders
- ⊗ Organ Transplantation
- ⊗ Day Care Procedures, Complex Gastro-Intestinal Surgeries & Bariatric Surgery

 **SIMS**
SRM INSTITUTES FOR MEDICAL SCIENCE
CHENNAI

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Reconnect with Nature

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			May Day 1	2	3	4
● 5	6	World Asthma Day 7	8	9	10	11
12	13	14	15	16	17	18
○ 19	20	21	22	23	24	25
26	27	28	29	30	World No Tobacco Day 31	

Institute of
Oncology

- ⦿ Holistic Medical & Surgical Cancer Care
- ⦿ Day Care Chemotherapy Unit & Immuno ICU
- ⦿ Stem Cell / Bone Marrow Transplantation Unit
- ⦿ Dedicated SIMS Breast Care Centre



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Don't be Static. Keep moving

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
30						1			
2	●	3	4	Idul Fitr	5	6	7	World Brain Tumour Day	8
9		10	11	12	13	World Blood Donors Day	14	15	
16	○	17	18	19	20	21	22		
23	24	25	26	27	28	29			

Institute of
Renal Sciences &
Transplantation

- ✧ Minimally Invasive Procedures (Laser & Laparoscopic) Uro Oncology, Renal Transplantation
- ✧ Endo Urology, Reconstructive Urology, Paediatric Urology, Andrology, Uro Gynaecology
- ✧ 30 Bed Dialysis Unit with online Hemodiafiltration Techniques



Embrace Change

July 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Doctor's Day 1	2	● 3	4	5	6
7	8	9	10	11	12	13
14	National Plastic Surgery Day 15	16	○ 17	18	19	20
21	22	23	24	25	26	27
World Hepatitis Day 28	29	30	31			

Institute of
Craniofacial,
Aesthetics &
Plastic Surgery

- ✧ Entire Spectrum of Plastic Reconstructive & Aesthetic Surgery
- ✧ 24X7 Hand Injury Services, Burn Care, Lymphatic Surgery, Cranio Facio-Maxillary Surgery
- ✧ Trauma Emergency Services



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Spend Time with Family

August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				● 1	2	3
4	5	6	7	8	9	10
11	Idul Juha 12	13	14	○ 15 Independence Day	16	17
18	19	20	21	22	Janmashtami 23	Sri Krishna Jayanthi 24
25	26	27	28	29	● 30	31

Institute of
Obstetrics,
Gynecology
& IVF

- ☀ 24X7 Obstetrics & Gynaecology Services for All Women's Health Needs
- ☀ Basic & Advanced Infertility Treatment
- ☀ Level 3 Neonatal Intensive Care Unit

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Pursue a Hobby

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Ganesh Chaturthi 2	3	4	5	6	7
World Physiotherapy Day 8	9	10	Onam 11	12	13	○ 14
15	16	17	18	19	20	21
22	23	24	25	26	27	● 28
World Heart Day 29	30					

Institute of Anaesthesiology & Pain Services

- ✿ Pre-Operative Anesthesia Check-up for Surgeries
- ✿ Surgeries Based Experienced Anesthesia Services
- ✿ Pain Clinic for Comprehensive Management of Pain
- ✿ Ultra Sound Guided Nerve Block & Vascular Cannulation

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Bring out the Child in you

October 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	Gandhi Jayanthi 2	3	4	5
6	Ayudha Pooja 7	Vijaya Dasami 8	9	10	World Obesity Day 11	12
13	○ 14	15	16	17	18	19
20	21	22	23	24	25	26
Diwali 27	● 28	World Stroke Day 29	30	31		

Pediatrics
&
ENT

- ✿ Dedicated Pediatric Intensive Care & Level 3 Neonatal Intensive Care Unit
- ✿ 24X7 Pediatric Emergency Care Services
- ✿ Advanced Micro Ear, Endoscopic, Skull Base, Head & Neck, Micro Laryngeal Surgeries
- ✿ Coblation & Audiology
- ✿ **COCHLEAR IMPLANT SURGERY**



Explore the Unexplored

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
Id-e-Milaad 10	11	○ 12	13	World Diabetes Day 14	15	16
17	18	19	20	21	22	23
24	25	● 26	27	28	29	30

Internal
Medicine &
PHS

- ✿ Customized Health Package for all Age Groups
- ✿ Comprehensive in-house Diagnostic Laboratory & Imaging Services
- ✿ Physician Consultation, Medical & Life Style Advice
- ✿ International Travel Health & Vaccination



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Go on your Dream Vacation

December 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
World AIDS Day 1	2	3	4	5	6	7
8	9	10	11 ○	12	13	14
15	16	17	18	19	20	21
22	23	24	Christmas 25 ●	26	27	28
29	30	31				

Emergency
&
Critical Care

- ✦ 24X7 Emergency Care with Dedicated ER Physicians
- ✦ Partner Medical International–Boston Trained Personnel Aided by 18 GPS Enabled Ambulances
- ✦ 100 Bed Speciality Specific ICU Services
- ✦ Post Operative, Geriatric & Palliative Care